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Global Mental Health Action Network

The ITRC UN High Level Climate Champion

“Race to Resilience” Initiative

*Organizing Transformational Resilience Coordinating Networks
in North America and Worldwide*

From record heat waves, storms, wildfires, droughts, floods, and other disasters, to increasing disruptions to the ecological, social, and economic systems people rely on for food, water, shelter, jobs, incomes, health, and other basic needs, the global climate-ecosystem-biodiversity (C-E-B) crisis is rapidly escalating. The crisis is an unprecedented public health emergency that will produce radically more and different types of mental health and psychosocial problems than society has ever experienced.

Individualized mental health services cannot address the pervasive traumas speeding our way. Instead, a public health approach must be used in neighborhoods and communities to strengthen everyone’s capacity for mental wellness and transformational resilience for relentless adversities, as residents engage in activities that help reduce the C-E-B crisis to manageable levels and enhance local conditions.

To accomplish this, as a partner in the U.N. High level Climate Champion *Race to Resilience* Campaign, the International Transformational Resilience Coalition (ITRC) and its core partners the Campaign for Trauma-Informed Policy and Practice (CTIPP) and Trauma Informed Oregon (TIO) will work with co-

sponsors worldwide to help organize, strengthen, and “Commission” Transformational Resilience Coordinating Networks (TRNCs) worldwide.

A TRCN is a wide and diverse coalition of local grassroots, neighborhood, education, youth, faith/spirituality, mental and physical health, social work, disaster management, climate/environmental, social and environmental justice, and other civic, non-profit, private, and public sector leaders. From the bottom-up, the TRCN develops and implements locally-appropriate strategies that help all adults, adolescents, and young children remain socially, psychologically, emotionally, and behaviorally healthy and resilient during continual adversities, as they also engage in activities that help reduce the C-E-B crisis to manageable levels and enhance local conditions.

The TRCN Commissioning initiative will help community leaders in North America and worldwide learn how to organize a TRCN, facilitate and strengthen its operations, and develop and continually improve strategies that use a public health approach to build population-level mental wellness and transformational resilience.

The three phases involved with organizing and operating TRCNs include:

- When local residents want to form a new network, or an existing group or coalition informs us that they want to expand their focus and organize a TRCN, we will declare them a “Perspective” TRCN. We will provide these networks with written materials and technical assistance, and invite them to participate in a Community of Practice (CoP), to help them learn how to organize a steering committee (task force or leadership council) with a clear mission, vision, and goals.
- When a wide and diverse steering committee is formed with a mission, vision, and goals we will invite Prospective networks to become an “Emerging” TRCN. We will provide these networks with written materials and technical assistance, and invite them to participate in a CoP, to help them learn how to design strategies that use a public health approach to build population-level mental wellness and transformational resilience for the C-E-B crisis.
- When an Emerging network has finalized and wants to begin implementing their strategies, we will invite them to become a “Commissioned” TRCN. We will provide these networks with ongoing technical assistance, continual public recognition, a logo they can use to show that they are a Commissioned TRCN, and other supports to help them improve and strengthen their efforts.

In each of the phases described above, we will coordinate a “network of networks” to connect mature networks with newer ones to serve as peer mentors and help everyone learn, innovate, overcome barriers, and develop leading-edge practices.

If you want to attend a 2-part Community of Practice held on Tuesday October 22 and Tuesday October 29 from 12 noon to 1 pm Eastern Time to learn more about TRCN Commissioning Program sign up [here](#).

If you want to apply to participate in the TRCN Commissioning Program please go [here](#)